#### **Original article**



# Significant Role of Procalcitonin and Proinflammatory Markers in Diabetic Foot Ulcer Infections

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#### Abstract

**Background:** Procalcitonin (PCT), an amino acid protein precursor of calcitonin hormone released by thyroid C cells or other body cells, can be used as a marker for diagnosing infection. PCT has a suggestive role in diagnosing diabetic foot infection alone or in combination with other markers of infection. <u>Aim</u>: We aimed to evaluate the roles of interleukin-6 (IL-6), CRP, and PCT levels in the differential diagnosis of the patients with infected diabetic foot ulcer (IDFU) and non-infected diabetic foot ulcer (NIDFU) and to compare those with C-reactive protein (CRP), white blood cell (WBC), and erythrocyte sedimentation rate (ESR). <u>Methods</u>: A total of 95 subjects with DFU and NIDFU were enrolled. WBC count, ESR, CRP, and PCT were done for all subjects at admission after obtaining informed consent. Patients over 18 years with a diagnosis of type 2 diabetes mellitus and DFU who were followed up in our hospital were included in the study. In addition to this patient group, patients with diabetes but without DFU were determined as the control group. <u>Results</u>: Twenty nine patients with IDFU, 29 patients with NIDFU, and 43 patients as the control group were included in the study. Fifty-six point three percent of the patients who participated in the study were males, and the mean age was  $62.87 \pm 10.99$  years. WBC, ESR, CRP, and IL-6 levels of the cases with IDFU were determined to be significantly higher compared to the cases in NIDFU (p <0.001). The area under the ROC curve (AUROC) value was highest for CRP (p <0.001), and the best cut-off value for CRP was 36 m/L. The best cut-off values for IL-6, ESR, and WBC were 109.4 pg/mL, 53 mm/h, and 13.7 (103  $\mu$ /L), respectively. <u>Conclusion</u>: Serum PCT levels were not found to be effective in the discrimination of IDFU and NIDFU. Serum IL-6 level in diagnosing inflammatory markers in the discrimination of IDFU. Based on our results, we conclude that PCT has a valuable role in diagnosing inflation in DFUs.

<u>Keywords:</u> Diabetic Foot Ulcer Infection, Inflammatory Markers, Procalcitonin

#### **1. Introduction**

Diabetic foot infection (DFI) is one of the most feared complications of Diabetes mellitus (DM) <sup>[1,2]</sup>. Diabetic foot disease presents in various ways such as ulcer, infection/abscess, and gangrene <sup>[3]</sup>. About 15% of people with diabetes will develop a foot ulcer at some time during their life, and 85% of major leg amputations begin with a foot ulcer <sup>[4,5]</sup>. Most of DFIs are polymicrobial <sup>[6]</sup>, gram-positive bacteria, such as Staphylococcus aureus (S. aureus) and coagulase negative staphylococci are the most common pathogens <sup>[7]</sup>. Foot infection in diabetic patients is a

gradually increasing problem, and it can cause severe sequelae <sup>[8]</sup>. Infected diabetic foot ulcer (IDFU) usually develops based on the presence of skin ulceration after peripheral neuropathy or trauma. The wound is colonized by many microorganisms, and they may penetrate down to the deeper tissues and bone in consequence of the spread of infection. In cases of a progression of infection, the hospitalization of the patients, surgical resection, and amputation may be required <sup>[9]</sup>. Unfortunately, the life quality of patients undergoing lower extremity amputation is quite poor, and the five year mortality is similar to that of some of the most mortal cancer types <sup>[10]</sup>.

In a patient with a diabetic foot wound, first, the presence of infection should be assessed, and if present, the severity of the infection should be classified <sup>[11]</sup>. The classification systems of the Infectious Diseases Society of America (IDSA) and the International Working Group on the Diabetic Foot (IWGDF) are used to determine the severity of infection <sup>[12]</sup>. In the studies performed, the classification schemes used to detect the infection were found to be effective for prognosis and for the need for amputation in patients with diabetic foot ulcers <sup>[13-14]</sup>.

An IDFU diagnosis should not be based on microbiological findings; clinical findings should also be used in the diagnosis <sup>[15,16]</sup>. Since infection may rapidly deteriorate the patient's condition <sup>[17]</sup>, it is necessary to diagnose IDFU rapidly <sup>[18]</sup>. However, always, it is not easy to diagnose IDFU <sup>[19]</sup>. Despite the presence of severe diabetic infection, an elevation in body temperature and leukocyte levels and in the erythrocyte sedimentation rate (ESR) may not be observed <sup>[20]</sup>.

Procalcitonin (PCT) is the protein precursor of calcitonin, synthesized and released by C-cells in the thyroid gland. It is suggested that PCT production after inflammation is performed by the liver and peripheral blood mononuclear cells and is modulated by lipopolysaccharides and sepsis related cytokines. It is also reported that PCT is a more accurate marker for a differential diagnosis of bacterial infections compared to C-reactive protein (CRP)<sup>[21]</sup>. Some studies have shown that serum PCT levels might play a role in the differential diagnosis of IDFU <sup>[22-24]</sup>. But, in another study, the role of serum PCT levels in the treatment and follow-up of infected ulcers was primarily evaluated, and then, it was reported that it had no role in the discrimination of diabetic ulcers with mild to moderate infection and severe infection <sup>[25]</sup>.

Interleukin-6 (IL-6) is one of the proinflammatory cytokines that can be detected in serum in the early stages of infection. It plays a critical role, especially in the induction of CRP and fibrinogen synthesis in the liver during the course of bacterial infection. Therefore, it was suggested that this cytokine could increase earlier than CRP during bacterial infection and that it could enable an earlier diagnosis <sup>[26,27]</sup>. There are a limited number of studies evaluating the role of serum IL-6 levels in diabetic ulcers <sup>[28]</sup>. Fibrinogen and fibrin play important roles in blood clotting, fibrinolysis, cellular and matrix interactions, inflammation, wound healing, and neoplasia <sup>[29]</sup>.

Since there is a limited number of studies related to the use of serum IL-6, and PCT levels in the diagnosis of IDFU and the results obtained are also contradictory, more advanced studies are needed on this subject. In this study, we also aimed to evaluate the roles of serum IL-6, and PCT levels in the differential diagnosis both of patients with IDFU and of those with non-infected diabetic foot ulcers (NIDFU) and to compare those with other commonly used inflammatory markers like CRP, white blood cell (WBC), and ESR.

#### 2. Materials and Methods

Patients over 18 years of age with a diagnosis of type 2 diabetes mellitus and diabetic foot ulcer and who were followed-up in infectious disease, internal medicine, surgery, and Diabetic Research Centre P.B.M. Hospital were included in the study.

In addition to this patient group, patients with diabetes but without DFU were determined as the control group. The study was approved by the local ethics committee, and each patient was included in the study after obtaining written consent and then was informed about the study. Patients were assessed regarding IDFU by a team including infectious disease specialists, internal medicine specialists, and surgeons. The presence of purulent discharge or two or more findings of inflammation (erythema, local warmth, local tenderness, pain, and in duration) in diabetic ulcer were considered to be evidence of infection. Discrimination of IDFU and NIDFU was performed according to Infectious Diseases Society of America guidelines <sup>[30]</sup>. The patients followed up with the diagnosis of type 2 diabetes mellitus and who had no diabetic foot ulcer were determined to be the control group.

*The following patients were not included in the study:* the patients with other systemic or localized infectious diseases like sepsis, urinary system infection, pneumonia, and meningitis; the patients with a history of surgery within the last 6 weeks; the patients with hematological or solid malignancies; the patients with systemic inflammatory diseases like inflammatory bowel disease; the patients with rheumatoid arthritis or other rheumatic diseases; and the patients receiving ongoing immunosuppressive treatment and who received efficacious anti-biotherapy earlier.

Demographic data, duration of diabetes, drugs used related to diabetes, concomitant diseases, depth of wound (superficial or deep), localization of wound (toe, metatarsal, or midfoot/heel), presence of purulent discharge, a positive probe-tobone test, history of antibiotic use, and presence of fever were noted during admittance. Culture specimens for microbiological analysis were taken with deep tissue sampling. Magnetic resonance imaging (MRI) was performed in patients requiring imaging examination. Blood samples were taken after 8-10 hours of overnight fasting, and complete blood count, ESR, HbA1c, fasting blood glucose, CRP, PCT, and IL-6 levels were studied. Complete blood count, ESR, HbA1c, fasting blood glucose, CRP, and fibrinogen levels were studied on the same day. Blood specimens for serum PCT and IL-6 levels were centrifuged at 4000 rpm for 10 minutes after storage for 30-60 minutes. Serum samples obtained were stored at -80°C until biochemical analyses were performed. Serum interleukin-6 measurements were performed by using a Human IL-6 Elisa kit (Sigma Aldrich, USA). Absorbance readings were performed by using an Automated EIA and Chemistry Analyzer. Results were reported as pg/mL. Serum PCT measurements were performed by using a Immunoassay Analyzer (ROCHE), the electrochemiluminescence immunoassay (ECLIA) method, and Roche Diagnostics kit. The reference intervals of serum PCT levels were 0-0.05 ng/mL. Serum complete blood count, ESR, HbA1c, fasting blood glucose, and CRP levels were studied in the biochemistry laboratory of our hospital. All tests were performed in a blinded manner.

Statistical analysis: Statistical analyses were performed using the software package SPSS for Windows version 16.0.0 (SPSS Inc., Chicago, Illinois). The Mann-Whitney U test or Kruskal-Wallis test were used to compare the continuous variables. To assess the correlation between the grade of infection severity and laboratory parameters, Spearman rho correlation coefficients were calculated for patients with no associated infectious diseases, to avoid the effect of other causes of infection. Comparisons of the correlation coefficients were performed with the Z-test, using the Fisher's Z transformation. A receiver operating characteristic (ROC) analysis and the area under the ROC curve (AUC) were calculated to measure the accuracy of the laboratory parameter to distinguish patients with IDFU from patients with IDFU + O. The best cut-off value was calculated, and specificity and sensitivity of the laboratory parameters were determined using the best cut-off value. Comparison of the ROC curves was performed to compare

the accuracies of laboratory markers for distinguishing the grades of infection severity. A P value < 0.05 was considered statistically significant. Pearson's chi-square test and the Fisher-Freeman-Halton test were used for the comparison of qualitative data. Diagnostic screening tests (sensitivity, specificity, positive predictive value, and negative predictive value) and ROC curve analysis were applied for the determination of cut-off points for parameters. Significance was evaluated at a level of p <0 05.

# 3. Results

Twenty-nine patients with IDFU, 29 patients with NIDFU, and 43 patients as the control group were included in the study. Seventy seven point eighty nine percent of the patients (n = 74) who participated in the study were males, and the mean age was determined to be 62.87 ± 10.99 years. Demographic data of the patients who participated in the study are shown in Table 1. Wound characteristics in the groups with IDFU and NIDFU are shown in Table 2. A positive probe-to-bone test was observed in a total of 10 cases, and osteomyelitis was determined in 4 of these cases with MRI. We detected the characteristic findings of diabetic foot osteomyelitis on MRI, decreased signal intensity of the affected bone on T1- weighted images and increased intensity on T2weighted and post contrast images, in these patients. Deep tissue culture was taken from 14 cases with IDFU, and microbial growth was detected in 10 (50.8%) of them. The results of microbial growth were as follows: S.aureus in 5 cases, P. aeruginosa in 3 cases, E. cloacae and E. coli in 2 case, Streptococcus spp. in 2 case, and P. vulgaris in 2 case. The results related to inflammatory markers in the groups included in the study are shown in Table 3.

WBC levels of the cases with IDFU were determined to be significantly higher compared to the cases in NIDFU (p < 0.01) and diabetic control groups. ESR values of the cases with IDFU were determined to be significantly higher compared to the cases with NIDFU (p < 0.001) and diabetic control groups. ESR values of the cases with NIDFU were determined to be significantly higher compared to the cases in the diabetic control group (p < 0.01). Serum CRP levels of the cases with IDFU were determined to be significantly higher compared to the cases with NIDFU (p < 0.01) and diabetic control groups (p < 0.01).

Serum CRP levels of the cases with NIDFU were determined to be significantly higher compared to the cases in the diabetic control group (p < 0.01).

Serum IL-6 levels of the cases with IDFU were determined to be significantly higher compared to the cases with NIDFU (p < 0.001) and diabetic control groups (p < 0.001). Serum IL-6 levels of the cases with NIDFU were determined to be significantly higher compared to the cases in the diabetic control group (p < 0.001). No statistically significant difference was determined between serum PCT measurements of the cases with IDFU compared to the cases with NIDFU (p > 0.05) and the cases in the diabetic control group (p > 0.05).

The area under the ROC curve (AUROC) was measured to estimate the presence of bacterial infection in the cases with diabetic ulcer (Figure 1). AUROC value was highest for CRP (0.989; p <0.001), followed by ESR (0.972; p <0.001), IL-6 (0.912; p <0.001) and WBC (0.868; p <0.001), respectively. The best cutoff values for CRP, IL-6, ESR, and WBC were 36 mg/L, 109.4 pg/mL, 53 mm/h, and 13.7 (103  $\mu$ /L), respectively. Maximum sensitivity, specificity, and positive and negative predictive values are shown in Table 4.

Characteristics	Total	<b>DFI</b> ( <i>n</i> = 29)	NDFI ( <i>n</i> =29)	Control $(n = 37)$	p	
Age (year) Min-max (median) Mean ± SD	36–79 (59)	42–79 (62)	39–72 (66)	33-82 (57)		
	$62.87 \pm 10.99$	$63.97 \pm 11.49$	$63.24 \pm 11.87$	$59.35 \pm 11.48$	0.138	
Gender, n (%) Male	74 (77.89)	22 (75.86)	24 (82.76)	28 (75.68)		
Female	21 (22.11)	7 (24.14)	5 (17.24)	9 (24.32)	0.004	
Duration of diabetes (year) Min-max (median)	1-35 (11)	3-30 (16)	2-32 (19)	1-23 (8)		
Mean $\pm$ SD	$10.68 \pm 8.83$	$15.15\pm9.65$	$15.67 \pm 9.30$	$8.92 \pm 6.66$	0.001	
Use of insulin, n (%) Absent	48 (50.53)	5 (23.7)	8 (26.3)	35 (76.7)	)	
Present	47 (49.47)	24 (76.3)	21 (73.7)	2 (23.3)	0.001	
Use of oral antidiabetic, n (%) Absent	49 (51.58)	19 (65.52)	21 (72.41)	9 (24.32)		
Present	46 (48.42)	10 (34.49)	8 (27.59)	28 (75.68)	0.001	
Not receiving antidiabetic No	78 (82.11)	21 (72.41)	25 (86.21)	32 (86.49)		
treatment, n (%) Yes	17 (17.89)	8 (27.59)	4 (13.79)	5 (13.51)	0.079	
Hypertension, n (%) Absent	43 (45.26)	8 (27.59)	13 (44.83)	14 (37.84)		
Present	52 (54.74)	21 (72.41)	16 (55.17)	15 (40.54)	0.094	
Cerebrovascular accident, n (%) Absent	90 (94.74)	28 (96.55)	27 (93.10)	35 (95.60)		
Present	5 (5.26)	1 (3.45)	2 (6.90)	2 (5.40)	0.706	
Peripheral vascular disease, n (%) Absent	83 (87.37)	21 (72.41)	25 (86.21)	37 (100.0)		
Present	12 (12.63)	8 (27.59)	4 (13.79)	0 (0.0)	0.001	
Chronic obstructive pulmonary Absent	87 (91.58)	25 (86.21)	27 (93.10)	35 (95.60)		
disease, n (%) Present	8 (8.42)	4 (13.79)	2 (6.90)	2 (5.40)	0.193	
Chronic renal failure, n (%) Absent	88 (92.63)	25 (86.21)	28 (96.55)	35 (95.60)		
Present	7 (7.37)	4 (13.79)	1 (3.45)	2 (5.40)	0.841	
Coronary artery disease, n (%) Absent	46 (48.42)	19 (65.52)	25 (86.21)	28 (75.68)		
Present	49 (51.58)	10 (34.49)	4 (13.79)	9 (24.32)	0.233	
Fasting blood glucose Min-max (median)	63–689 (201)	89–710 (241.5)	65–498 (185)	64–321 (132)		
Mean $\pm$ SD	$211.72 \pm 123.88$	$263.82 \pm 158.26$	$243.10 \pm 125.28$	$149.87\pm79.89$	0.001	
HbA1c Min-max (median)	5.60–18 (9)	6.9–14.8 (9.8)	5.7-21 (10.85)	5.9–11.8 (7.4)		
Mean $\pm$ SD	$9.13 \pm 2.54$	$9.55 \pm 1.68$	$9.89 \pm 2.77$	$9.23 \pm 2.23$	0.003	

#### Table 2: Evaluation of wound characteristics in the groups with diabetic ulcer

Characteristics		Total $(n = 58)$	DFI ( <i>n</i> = 29)	NDFI ( <i>n</i> = 29)
		<i>n</i> (%)	<i>n</i> (%)	<i>n</i> (%)
Localization of ulcer	Toe	7 (24.14)	7 (24.14)	10 (34.48)
	Metatarsal	13 (44.83)	16 (55.17)	12 (41.38)
	Midfoot/ heel	9 (31.03)	6 (20.69)	7 (24.14)
Depth of ulcer	Superficial	21 (72.41)	15 (51.72)	25 (86.21)
	Deep	9 (31.03)	14 (48.28)	4 (13.79)
Secretion	No	19 (65.51)	16 (55.17)	29 (100.0)
	Yes	10 (34.48)	13 (44.83)	0 (0.0)
Positive probe-to-bone test	No	19 (65.51)	21 (72.41)	29 (100.0)
	Yes	10 (34.48)	8 (27.59)	0 (0.0)
History of antibiotic use	No	22 (75.86)	8 (27.59)	29 (100.0)
	Yes	7 (24.14)	21 (72.41)	0 (0.0)
Fever	No	23 (79.31)	19 (65.52)	29 (100.0)
	Yes	6 (20.69)	10 (34.48)	0 (0.0)

#### Table 3: Inflammatory Markers in Infected Diabetic Foot Ulcer (DFI), Non Infected Diabetic Foot Ulcer (NDFI), and Control groups

WBC	Total	$^{1}$ <b>DFI</b> (n = 38)	$^{2}$ NDFI (n = 38)	<sup>3</sup> Control ( $n = 43$ )	р	<sup>1-2</sup> p	1–3p	2-3p
Min-max	3.8-45.1 (8.9)	5-61.2 (2)	4-16.3 (10)	5.1-13.7 (9.1)				
(median)	$9.8\pm4.8$	$14.6\pm6.8$	8 ± 3.1	9.1 ± 3	0.001	0.001	0.001	0.468
$Mean \pm SD$								
ESR								
Min-max	3-114 (27)	7-129 (66.5)	3-71 (29)	3-40 (13)				
(median)	$33.87 \pm 35.79$	$68.34 \pm 34.68$	$37.21 \pm 18.44$	$16.02\pm8.98$	0.001	0.001	0.001	0.001
$Mean \pm SD$								
CRP								
Min-max	0.6-401 (7.9)	31-451 (195)	0.7-52 (10.1)	0.9-10.5 (3.7)				
(median)	$79.49 \pm 102.35$	$198.17 \pm 81.36$	$13.52\pm9.53$	$4.37 \pm 3.8$	0.001	0.001	0.001	0.001
$Mean \pm SD$								
IL-6								
Min-max	5.4-1897.9 (50.8)	32.7-1823.9 (120.4)	7.8-606.7 (42.35)	5.4-172.2 (34.4)				
(median)	$186.22 \pm 291.15$	$245.12 \pm 391.98$	$64.81 \pm 97.29$	$39.18 \pm 34.87$	0.001	0.001	0.001	0.003
Mean $\pm$ SD								
PCT								
Min-max	0.03-12.40 (0.16)	0.03-12.9 (0.16)	0.03-0.51 (0.13)	0.05-0.74 (0.19)				
(median)	$0.34\pm0.97$	$0.6 \pm 1.9$	$0.19\pm0.09$	$0.20\pm0.15$	0.387	0364	0.658	0.543
$Mean \pm SD$								

Table 4: Sensitivity, specificity, negative predictive value, and positive predictive value of inflammatory marker

Parameters	Cut-off	Sensitivity	Specificity	Positive predictive value	Negative predictive value
CRP (mg/L)	≥36	100.00	98.45	98.51	100.00
IL-6 (pg/mL)	≥109.4	78.84	96.87	97.62	83.00
ESR (mm/h)	≥53	76.68	91.24	89.49	81.30
WBC $(10^3 \mu/L)$	≥13.7	81.05	94.84	89.20	85.00



Figure 1: Receiver operating characteristic curves of inflammatory markers

### 4. Discussion

The role of various inflammatory markers like WBC, ESR, CRP, PCT, and IL-6 in the discrimination of IDFU was evaluated in this study. It was shown that all inflammatory markers evaluated in our study except PCT had a role in the discrimination of IDFU. Contrary to our study, in the study performed by Uzun et al.<sup>[13]</sup>, the highest discriminatory power was defined for PCT in the diagnosis of IDFU. In another study performed by Jonaidi Jafari et al. <sup>[10]</sup> who evaluated the role of serum PCT levels in the discrimination of IDFU and NIDFU, sensitivity and specificity were determined to be 70% and 74%, respectively, for 0.21 ng/mL value of PCT. However, in the same study, the marker with the highest discriminatory power for IDFU and NIDFU was ESR and it was followed by CRP, PCT, and WBC. The authors state that serum PCT levels may have a role in the discrimination of IDFU in the case of the combination of markers like ESR and CRP<sup>[10]</sup>. Similarly, in another study performed by Massara et al. <sup>[14]</sup>, the authors stated that the highest sensitivity and specificity in the discrimination of IDFU and NIDFU could be provided with a combination of at least two markers (CRP and PCT or ESR and PCT). Also in the study performed by Jeandrot et al. <sup>[11]</sup> evaluating the role of serum CRP and PCT levels in the discrimination of mildly infected and non-infected diabetic foot ulcer, the highest AUC value was obtained with the combination of CRP and PCT.

In the majority of these studies evaluating the role of serum PCT levels, the patients not receiving antibiotic 6 months before admission were included in the study. When considering the natural history of IDFU in clinical practice, this is not a frequently encountered condition. In a review, the role of serum PCT levels in the discrimination of IDFU was evaluated and it was stated that the studies were heterogeneous and the patients receiving an antibiotic within the last 6 months were excluded in many of them. They also stated that serum PCT levels might have a potential role in the discrimination of IDFU but it could not discriminate severe infection from less severe infection <sup>[22]</sup>. Also in another review evaluating IDFU, it was stated that in the absence of systemic manifestations of localized infection, serum PCT levels could not discriminate acute infection from acute ischemia or noninfectious conditions or osteomyelitis from soft tissue infections <sup>[23]</sup>. Serum PCT levels have some limitations such as the following: they cannot be studied in the laboratory of many hospitals and they are expensive markers, able to show change according to age, pathogen, and type of infection <sup>[9]</sup>. Further studies are required for routine use of serum PCT levels in IDFU diagnosis.

As far as the literature can be reviewed so far, there are only two studies related to the use of serum IL-6 levels in IDFU diagnosis. The first one was a study including also type 1 diabetes patients; it was determined in this study that serum IL-6 levels were effective in ulcer classification according to Texas classification but it was not an independent variable for the determination of infection severity <sup>[18]</sup>.

The second one was a study including only the patients with IDFU; it was determined in this study that serum IL-6 levels were increased in correlation with CRP and the other inflammatory markers and serum IL-6 levels were decreased in the patients recovered with antibiotic treatment. However, this study includes only the patients followed up with the diagnosis of IDFU, and since there is no control group, it is not possible to compare baseline serum IL-6 levels of the IDFU group and the NIDFU group <sup>[15]</sup>. As far as the literature could be evaluated, it was shown for the first time in our study that serum IL-6 levels were effective for the discrimination of infected and non-infected ulcer in a study

including only type 2 diabetes patients. While this shows us that serum IL-6 levels might have a role in the diagnosis of IDFU, since the number of studies related to serum IL-6 levels is extremely limited, further studies are required.

CRP is an acute phase reactant whose levels elevate during inflammatory processes occurring in the body; elevated serum CRP levels can also be detected in the conditions not caused by bacterial infection <sup>[13]</sup>. In a study performed, elevated serum CRP levels were determined in diabetic patients compared to nondiabetic patients and again in the patients with DFU compared to the patients without DFU. However, in this study, serum CRP levels were not found to be statistically significant especially in the discrimination of IDFU and NIDFU<sup>[14]</sup>. On the contrary, in our study, serum CRP level is the inflammatory marker which has the highest discriminatory power in the discrimination of IDFU and NIDFU. In harmony with our study, serum CRP level was determined to be the inflammatory marker with the highest discriminatory power in the discrimination of mildly IDFU and NIDFU<sup>[11]</sup>. In another study indicating that serum CRP levels were more effective than the other inflammatory markers, 123 IDFUs were evaluated and the roles of serum PCT and CRP levels in IDFU were evaluated and only serum CRP levels were found to be effective in grading the severity of the infection <sup>[24]</sup>.

There are some limitations in our study; since anaerobic culture was not accessible in diabetic research hospital, anaerobic pathogens were not studied in diabetic foot ulcers. Also, the diagnosis of osteomyelitis in our study was based on imaging reports rather than bone biopsy, which is a more definite diagnostic method.

As a result, serum CRP, ESR, IL-6, and WBC levels were determined to be useful parameters in the diagnosis of IDFU in our study. Serum PCT levels were not found to be effective in the discrimination of IDFU and NIDFU. Serum IL-6 levels seem to be two promising inflammatory markers in the discrimination of IDFU. The efficiency of serum IL-6 levels for the discrimination of infected and non-infected ulcer in infections of ulcers associated with type 2 diabetes was shown for the first time in our study. Since serum IL-6 levels have been used in a limited number of studies, further studies are required in order to understand its role in the diagnosis of IDFU.

#### 5. Conclusion

PCT appears to be a reliable marker of acute DFI and a better predictor of clinical outcome than the existing markers, ESR, CRP, and WBC count. Along with the clinical prognosis predictors such as gangrene and sepsis, elevated PCT should be useful for clinicians in prognosticating clinical outcome, decision making as well as managing patients with acute DFIs.

#### Ethics approval and consent to participate

The study protocol was approved by the medical ethics committee of the Rajasthan University of Health Sciences, Jaipur, Rajasthan(State), India.

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No financial support from an external agency was used for this study.

# **Conflicts of interest**

There are no conflicts of interest.

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